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**THE CLAIMS DEFINING THE INVENTION ARE AS FOLLOWS:**

1. An adaptor for a fastening tool the adaptor having an attachment portion for coupling the adaptor to the fastening tool, and a support for coupling a mounting  
5 bracket to the adaptor arranged so as to hold the mounting bracket relative to a substrate and allow a fastener from the tool to be driven through the mounting bracket to secure the mounting bracket to the substrate.
2. An adaptor as claimed in claim 1, wherein the attachment portion is fitted to a  
10 nosepiece of the tool.
3. An adaptor as claimed in claim 2, wherein the attachment portion includes an aperture which receives the nosepiece of the tool.
- 15 4. An adaptor as claimed in claim 2 or claim 3, wherein the adaptor is provided with a lock for releasably locking the adaptor to the nosepiece of the tool.
5. An adaptor as claimed in claim 4, wherein the lock is selectively operable to engage with an annular groove formed in an outer surface of the nosepiece.  
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6. An adaptor as claimed in any one of claims 1 to 5, wherein the adaptor is arranged to align an aperture of the mounting bracket with a nosepiece bore of the tool.
7. An adaptor as claimed in any one of claims 1 to 6, wherein the adaptor has a  
25 plurality of said supports.
8. An adaptor as claimed in claim 7, wherein the supports are configured differently so as to be suitable for use with different mounting brackets.
- 30 9. An adaptor as claimed in claim 8, wherein the supports are differently sized so as to be suitable for use with differently-sized mounting brackets.

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10. An adaptor as claimed in any one of claims 7 to 9 when dependent on claim 4, wherein the adaptor has a body which includes the attachment portion and the lock, and there are two said supports which extend outwardly from opposite sides of the  
5 body, each of the supports being in the form of a curved arm having a different radius of curvature to enable contact between one of the arms and associated differently shaped mounting brackets.
11. An adaptor as claimed in claim 10, wherein each support has a magnetic member  
10 for magnetic attraction with the mounting bracket so that the mounting bracket is able to be carried by the adaptor.
12. An adaptor as claimed in any one of claims 1 to 11, wherein the mounting bracket  
15 is for securing a conduit housing wires to a substrate.
13. An adaptor as claimed in any one of claims 1 to 12, wherein the adaptor includes at least one indicator substantially aligned with a centre of the fastener to assist a user in correctly aligning the adaptor and mounting bracket relative to the substrate.
- 20 14. A holder for holding an item to facilitate attachment of said item to a substrate by a fastener, wherein the holder magnetically retains the item in a position to receive the fastener from a fastener tool.
15. A holder as claimed in claim 14, wherein the holder is adapted to be mounted on a  
25 nosepiece of the tool.
16. A holder as claimed in claim 15, wherein the holder includes a structure to engage with the nosepiece.
- 30 17. A holder as claimed in claim 16, wherein the structure has an aperture which receives the nosepiece.

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18. A holder as claimed in any one of claims 15 to 17, wherein the holder is provided with a lock for releasably locking the holder to the nosepiece.
- 5 19. An holder as claimed in claim 18, wherein the lock is selectively operable to engage with an annular groove formed in an outer surface of the nosepiece.
20. A method of securing a mounting bracket to a substrate including the steps of:  
coupling the mounting bracket to an adaptor which is arranged so as to hold  
10 the mounting bracket relative to a fastening tool;  
supporting the mounting bracket in position relative to the substrate; and  
operating the tool to drive a fastener through a mounting portion of the  
mounting bracket to secure the mounting bracket to the substrate.
- 15 21. A method as claimed in claim 20, wherein the mounting bracket is magnetically coupled to the adaptor.
22. A method as claimed in claim 20 or claim 21, wherein the method includes the step  
of coupling the adaptor to the fastening tool prior to the step of supporting the  
20 mounting bracket in position relative to the substrate.

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23. A method as claimed in any one of claims 20 to 22, wherein the mounting bracket has two mounting portions, one at either side of a holding portion, and, after the step of operating the tool to drive a fastener through a mounting portion of the mounting bracket to secure the mounting bracket to the substrate, the method further includes the steps of:

pivoting the adaptor about substantially 180 degrees relative to the mounting bracket so as to align the tool for driving a second fastener through the other mounting portion of the mounting bracket; and

operating the tool to drive the second fastener through the other mounting portion to further secure the mounting bracket to the substrate.